



Please

Please

Please – The chair that follows every move

High Performance Seating



steelcase

steelcase.com

Europe Espace Européen de l'Entreprise . 1, allée d'Oslo . BP 40033 Schiltigheim . 67012 Strasbourg Cedex . France > tel: +33 3 88 13 30 30 > fax: +33 3 88 28 31 78  
North America 901, 44th Street . Grand Rapids MI 49508 . USA > tel: +1 616 247 27 10 > fax: +1 616 246 40 40  
Asia Pacific India 4th floor, N32 Kowa Bdg . 5-2-32 Minami-Azabu . Minato-ku Tokyo 106-0047 . Japan > tel: +81 3 3448 9611 > fax: +81 3 3448 9617  
Latin America 901, 44th Street . Grand Rapids MI 49508 . USA > tel: +1 616 247 27 10 > fax: +1 616 246 40 40  
Middle East & Africa Design House unit A2 . PO Box 502596 Dubai Media City . Dubai . UAE > tel: +971 4 369 7838 > fax: +971 4 369 7837

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# Please

Your choice of office seating is the most important ergonomic decision you'll ever make at work. That's why our goal at Steelcase is to provide healthier seating that will keep you comfortable and productive the whole day long. We call it **High Performance Seating**, because if you feel better you'll perform better.

Why settle for a single back support system when you can benefit from **the power of 2**? Please chairs incorporate the unique, **patented LTC<sup>2</sup>** (Lumbar Thoracic Cervical),

a synchronised double-action tilting mechanism that **gives independent support to both your upper and lower back regions**.

What's more, this has been achieved without sacrificing aesthetic qualities. Please has an elegant fluidity to its appearance; at first glance you would never guess that such a streamlined backrest could provide such **amazing levels of comfort and ergonomics**. But it's this balance of style and sitting pleasure – plus its versatility and hand-crafted quality – that makes Please something out of the ordinary.

Please – The power of 2



# Steelcase



## Please – The chair that follows every move

Task-intensive office work is nowhere near as taxing when you sit in a chair that gives you active and intelligent support, all day, every day.



Please – The backrest modelled on your spine



LTC<sup>2</sup> is a synchronised tilting mechanism with two separate backrests. The lumbar **1** and thoracic **2** sections are connected by a link and **function independently of each other** – just like the upper and lower areas of your spine. This allows the chair to adapt itself to the morphology of every user. Further adjustment is possible through separate controls for each backrest, so that everyone – regardless of their build – will obtain **full support**, even when they recline.





## Please – A unique, research-based solution

We have a deeper understanding of **spinal motion** than any other seating manufacturer thanks to our unique **Motion Study**. This research took over 4 years, involving 732 participants, 27 scientists and 4 universities. Here are three of the key discoveries successfully implemented on Please:

1



**1. The spine doesn't move as a single unit** – The upper and lower regions of the spine move independently as we change posture, not as a single unit. When the top region of the spine leans backward, the bottom arches forward in response.

2



**2. Each individual's spinal motion is unique** – Each of us has unique spinal motion, a 'spine print' that's as individual as a fingerprint, and changes as our posture varies throughout the day.

### **Please's solution**

The upper and lower parts of the double backrest of Please, function independently just like your spine and it adapts itself to the morphology of every user.

3



**3. The upper and lower back regions require different amounts and different kinds of support** – Our need for upper back support increases when we recline, but our lower spine requirements remain more or less the same.

### **Please's solution**

Thanks to Please's independent and precise upper and lower back controls, any user – regardless their build – will obtain full back support even as they recline.





Please – The difference is in the details

**Craftsmanship** –The Please is made by hand, not by robots. So we look after details and finishes such as stitching and upholstery that requires considerable manual expertise.



500,000

To comply with the British Standard we use weights to check the strength of the backrest; a procedure that is repeated 500,000 times.

**Quality** – Our products have to stand the test of time, so we carry out rigorous tests on all of our chairs and components to ensure durability and premium quality. We analyse dimensions, ergonomics, stability, materials, fire resistance, and mechanical performance to comply with European and American standards. On top of that, every product has to meet our own stringent quality criteria, because we know that the difference is in the details.

Please choose – There's a Please chair for everyone



**Please provides a wide array of colours and finishes**, affording you the opportunity to personalise the chairs to complement your own taste or corporate identity.

**Please Standard**  
With armrests



**Please Executive**  
Upholstered in stitched leather, featuring a 2D headrest and 3D armrests



**Please Standard**  
Without armrests







C0414

Seat height



C0448

Seat depth



C0439

Back height



C0442

Variable back stops / Tilt limiter



C0416

Tilt tension adjustment



C0430

Armrests: height width/pivot/depth adjustable (optional)



C0426

Lumbar tension adjustment



A1967

Headrest height and pivot (optional)

**Precisely fine-tune Please** – to suit your own personal ergonomics. Make it **your chair** quickly and simply by means of its **intuitive controls** that are ingeniously straightforward to operate and positioned precisely where you would expect to find them. For an interactive user guide visit [steelcase.com/adjustmyplease](http://steelcase.com/adjustmyplease)





Please – No task too intense



**Please facilitates task-intensive jobs** which involve long periods of sitting, high levels of concentration and heavy computer or telephone use. Yet while some of us like to sit upright, others prefer a more relaxed, reclined position. Please recognises that everybody has their own way of working – and their own way of sitting. The chair is designed to support diverse work styles, ensuring lasting comfort and optimum postural support.



## Please – Comfort and convenience

Give visitors and colleagues the comfort they deserve during meetings, conferences, presentations and trainings. Then simply stack up the chairs, fold away the table and use the space for something completely different! Now *that's* flexibility.



Sled base



4 legs



Horizontal stacker



C1746



C3236



B9769



B9725



B9773



Please – Have it your way



Task chair STANDARD



Task chair EXECUTIVE

Task chairs

5 star base on castors

Castors diam 65mm	●	●
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LTC<sup>2</sup> mechanism

Seat height adjustment	●	●
Seat depth adjustment	●	●
Back height adjustment	●	●
Tilt tension adjustment	●	●
Lumbar tension adjustment	●	●
Seat impact absorber	●	●
Tilt limiter (variable back stop)	●	●

Seat

Stitched seat detail	○	●
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Armrests

Height adjustable, plain	○	-
Height, depth & pivot adjustable, plain	○	-
Height, depth & pivot adjustable, upholstered	-	●

Headrest

Height & angle adjustable	○	●
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4 legs



Sled base  
(stackable/non stackable)



Horizontal stacker

Visitor chairs

Seat

Stitched seat detail	○	○	○
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Armrests

Fixed, plain	○	○	○
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Stackability

Trolley	10 (4 with armrest)	10	-
Dolly	4	4	-
In a row	-	-	unlimited

Castors

	-	-	●
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● = standard

○ = option









During Please's development process we considered the environmental impact of every stage of the product's lifecycle: materials extraction, production, transportation, use and end of life. The Life Cycle Assessment (LCA -ISO 14044) method helped us to create a more sustainable product by measuring and reducing Please's environmental impact, avoiding the transfer of pollution from one stage or country to another.



With Please we can provide the following documents:

-  **Environmental Product Declaration (EPD)**. Based on ISO 14025, its purpose is to communicate clear and transparent information about a product's impact on the environment at all stages of its life cycle.
-  **"NF Environment" certification**. Based on ISO 14024, this voluntary certification mark is awarded to products that have a reduced effect on the environment.
-  **Oeko-Tex**. The polyester fabric is labelled with the Oeko-Tex 100 Standard.
-  **European Flower**. The pure wool fabric is labelled with the European Flower.

Since 1912, Steelcase has made a meaningful and measurable contribution to the **success of our customers**. We do this using in-depth knowledge of work and work processes as a basis for creating a **better work experience**. We make this possible by offering a wide range of **quality office furnishing solutions** and support that customers can always rely on, no matter where they are in the world. We add **measurable value** by understanding how people work and serving them through our **unmatched global network**. **Sustainability** is embedded in everything we do. This has made us the **preferred partner** for many of the **world's best companies**.

