



Steelcase



32 Seconds meets all of your individual and office needs.

Your choice of office seating is the most and personal preferences. important ergonomic decision you'll ever make at work. Get it right, and you'll improve the productivity of your whole office, because if your people feel better they'll perform better.

provide healthy High Performance Seating to keep you comfortable and effective all day long.

- 32 Seconds is universal by fulfilling your people's ergonomic requirements
- 32 Seconds is a **complete family** of seating that will help build a creative and capable workspace – and ultimately a more successful organisation.
- That's why our goal at Steelcase is to 32 Seconds will seat all of your people in complete comfort thanks to its innovative backrest. What's more you'll fell comfortable within 32 Seconds of opening the box!

32 Seconds for the good of your whole office.



32 Seconds

Innovative

32 Seconds provides **effective back support** throughout the day thanks to the innovative combination of **the Bow and Uni-Flex.** These keep 32 Seconds comfortable, even for long periods of time.

Universal

Just about every aspect of 32 Seconds is **fully adjustable**, allowing it to adapt to virtually **any kind of morphology**. It will seat all of your employees, no matter what their physical shape and build.

A complete family

32 Seconds is a complete family of **task and dedicated visitor chairs** that will support your people in their different
workstyles and tasks, while giving your whole office a
consistent look and feel.

Sustainable

32 Seconds uses the very latest sustainable manufacturing processes and materials, and features our **new Eco-Smart*** packaging. This delivers significant environmental benefits and can be **assembled within 32 Seconds.**







32 Seconds to a healthier back

Human beings are designed to be agile, flexible and dynamic. That's why 32 Seconds is fully equipped with innovative features based on a study of spinal motion and posture: the Motion Study. It will provide your back with all the support it needs throughout the day.



The spine doesn't move as a single unit

The upper and lower regions of the spine move independently as we change posture, not as a single unit. When the top region of the spine leans backward, the bottom arches forward in response.



The flexible backrest

32 Seconds has a flexible backrest that follows your natural movements, giving your upper body complete freedom of movement.



The upper and lower back regions require different amounts and different kinds of support

Your need for upper back support increases when you recline, but you lower spine requirements remain more or less the same.



Lumbar support

32 Seconds has two major innovations for the fragile lumbar region. The 2 **Uni-Flex** compress under back pressure to provide flexible support. The Bow provides constant support throughout the day to avoid sagging back.



Thoracic support

32 Seconds' upper backrest allows you to lean back comfortably while the rest of the chair supports your weight. The tension control is fully adjustable, so you're always as comfortable as possible.



















Seat height

Seat depth (optional)

Back height

Tilt tension

Armrest height

Armrest width, depth and pivot (optional)

Seat edge (optional)

Universal: precisely adapt 32 Seconds to your morphology and activity levels in just 32 Seconds using numerous adjusters in the seat, backrest and armrests. For an interactive user guide visit **www.steelcase.com/adjustmy32Seconds**





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Today's companies are increasingly multicultural, meaning more diversity in the physical shape and build of your workforce. Did you know, for example, that Scandinavians are on average 6cm taller than people from Latin countries? What's more, in Europe we're getting taller, and at a faster rate than you might think. The latest studies show that the average European has grown by around 2cm in the last 20 years.

32 Seconds has everything under control. An extremely adjustable seat, backrest and set of armrests enable it to seat 97% of the European workforce in complete comfort and health. Your facility management will like the fact that all of your company's seating has one consistent look and feel too. That's because 32 Seconds offers a complete range including side chairs, and options for tasking, teaming and welcome areas.

32 Seconds to a complete office family

32 Seconds is a universal family that adapts perfectly to just about any kind of task. It comes in a wide range of styles to fit with your work environment, and has the ergonomic features you need to support any workstyle.

Conferencing

A simple configuration with bright, colorful fabrics, leg castors and no armrests is ideal for energetic team meetings where your people need to **quickly reconfigure the space to the task:** meeting, presentation, video conferencing and training as well as everyday group collaboration.



Formal meetings

The combination of high quality fabric with stitching on the seat and backrest and elegant wood table, creates a **comfortable, welcoming environment,** the perfect setting for formal meetings.



Team space

Thanks to the upholstery detailing and the curved back in the 32 Seconds visitor chair series, the task and visitors chair link visually to create a real family with all the support and comfort you need.

32 Seconds helps you to foster collaboration within the same team space.







Task chair		
Castors	65mm	•
Armrests	Without armrests	0
	Height adjustment plain	•
	Height, depth, width & pivot	0
Adjustments	Seat height	•
	Back height	•
	Seat impact absorber	•
	Tilt torsion	•
	Upright position lock	•
	Seat depth	0
	Tilt limiter (variable back stop)	•
	Seat edge angle	0
Base	Black	•
	Silver	0
	Polished aluminium	0
Gas lift	Standard gas lift (107mm)	•
	High gas lift (140mm)	0
	High gas lift (140mm)	0

• in standard O in option

Visitors chair sled base

Armrests	Without	•
	Fixed plain	0
Base	Black	•
	Silver	0
	Chrome	0

Stackable up to 4 high

Visitors chair 4 legs

	•	
Armrests	Without	•
	Fixed plain	0
Base	Black	•
	Silver	0
	Chrome	0

Stackable without armrests up to 4 high





4 legs with castors

32 Seconds to a wide range of combinations



32 Seconds is a **family** of office seating with a range of fine finishes, so it'll suit any task you ask of it. Select a sled-based or 4-legged configuration and build up your 32 Seconds from there.



Eco-Smart* sustainable packaging: good for our planet



32 Seconds uses our new

Eco-Smart* packaging, which

delivers significant environmental

improvements thanks to its extremely

small volume. Eco-Smart* means

better transportation efficiency with

lower energy consumption and CO₂ emissions. Its economy of design also means you'll be able to assemble 32 Seconds out of the box in just 32 Seconds!



About Steelcase

Since 1912 Steelcase has made a meaningful and measurable contribution to the **success of its customers.** We do this using in-depth knowledge of work and work processes as a basis for creating a **better work experience.**

We make this possible by offering a wide range of **quality office furnishing solutions** and support that customers can always rely on, no matter where they are in the world. We add **measurable value** by understanding how people work and

serving them through our **unmatched global network.**

Sustainability is embedded in everything we do. This has made us the preferred partner for many of the world's best companies.

Environmental performance

During 32 Seconds' development process we considered the environmental impact of **every stage of the product's lifecycle:** materials extraction, production, transportation, use and re-use and end of life.

The Life Cycle Assessment (LCA -ISO 14044) method helped us to **create a more sustainable product** by measuring and reducing 32 Seconds' environmental impact, **avoiding the transfer of pollution** from one stage or country to another.

End of life

32 Seconds is **99% recyclable** by weight. It can be disassembled easily using ordinary hand tools in 6 minutes only, and returned and recycled through the Steelcase Environmental Partnership

99%

Programme.





Materials

32 Seconds contains 0% of hazardous substances. The aluminium base model comprises 26% recycled materials, and the plastic base model 20%. The packaging is 100% recycled cardboard and 30% recycled low-density polyethylene (LDPE) film.

0%
nazardous substan

Use

32 Seconds' textiles
do not release toxic
substances during product
use. The polyester fabric
complies with the
Oeko-Tex 100 Standard
and the wool fabric with
the European Flower
ecolabel.







Transport

32 Seconds to assemble: 32 Seconds uses our new Eco-Smart⁺ packaging. This has a very small volume, leading to lower energy consumption and CO₂ emissions during transportation, reducing fuel use by 100,000 litres and CO₂ emissions by 345 tons.





Production

The production site in Sarrebourg,
France, is ISO 14001 certified.
The powder-coat paint is VOC-free and
free of heavy metals. No gluing
processes are used in assembly, and
100% of polyurethane foam is water-based,
including the foam used for the armpads.

100%

With **32 seconds** we can provide:



Environmental Product Declarations (EPD) Based on the ISO 14025, its purpose is to communicate clear and transparent information about a product's impact on the environment at all stages of its life cycle.



"NF Environnement" certification Based on the ISO 14024, this voluntary certification mark is awarded to products that have a reduced effect on the environment.



Oeko-Tex The polyester fabric is labelled with the Oeko-Tex 100 Standard.



European Flower The pure wool fabric is labelled with the European Flower.